

## **PRIVACY POLICY- PHONE AND TEXT COMMUNICATIONS**

***Most Recent Update:*** 10/29/2024

This Privacy Policy explains how Message By Massage, LLC collects, uses and discloses personal information of its customers, prospective customers, and visitors to its website at [www.MessageByBodywork.com](http://www.MessageByBodywork.com)

### **COLLECTION OF PERSONAL INFORMATION**

*Information collected directly from you:* We may collect personal information directly from you, for example [through a web form, while making an appointment, while setting up an account with us, when you contact us for customer support, or at checkout.] Personal information we collect directly from you may include first and last name, email address, and phone number.

*Information collected from your device:* Our website may use tracking technologies such as cookies to automatically collect certain information from your device, including for example [your IP address, browser and operating system information, geographic location, referring website address, and other information about how you interact with the website.] Our website may also use cookies to personalize your experience and enable certain features. You may disable cookies in your web browser, however parts of our website may not function properly. More information about blocking and deleting cookies is available at <http://www.allaboutcookies.org>. Our email campaigns may also use tracking technologies such as web beacons, pixels and other similar technologies to automatically collect certain information such as your IP address, browser type and version, and email engagement statistics.

### **USE OF PERSONAL INFORMATION**

Message By Massage, LLC (DBA Message By Bodywork) will only use the personal information provided in order to communicate via phone call, text message, or email in regards to the scheduling, rescheduling, and cancellation of appointments. We may also, on occasion, communicate via email in regards to events happening at our place of business. To OPT OUT, please text message us at 860-400-6024.

### **DISCLOSURE OF PERSONAL INFORMATION**

Message by Massage, LLC (DBA Message By Bodywork) will NOT disclose the personal information provided (Name, phone number, or email address) without your expressed written permission.

### **EMAIL AND TEXT MESSAGE COMMUNICATIONS**

If you wish to unsubscribe from our email campaigns, please click on the Unsubscribe link at the bottom of any marketing email sent from us.

If you wish to stop receiving text messages from us, reply STOP, QUIT, CANCEL, OPT-OUT, or UNSUBSCRIBE to any text message sent from us at 860-400-6024.

### **CHANGES TO THIS PRIVACY POLICY**

Message by Massage, LLC (DBA Message By Bodywork) may update the terms of this privacy policy. Please review it periodically.

#### **CONTACT INFORMATION**

If you have any questions about this policy or our privacy practices, please contact us via text message/phone call at 860-400-6024 or by email through the CONTACT US link on our website [www.MessageByBodywork.com](http://www.MessageByBodywork.com).